

EYES OF GLENDALE

NEIGHBORHOOD WATCH NEWSLETTER WINTER 2008 / 2009

YET ANOTHER YEAR OF SUCCESS!

October 11, 2008 was a night to remember! More than 60 neighborhoods and surrounding communities came together to host a variety of parties throughout the City. Some were equipped with bounce-houses for the kids, live music, plenty of home-cooked food and an array of luscious desserts. Others had pizzas delivered, door prizes and safety presentations. No matter the agenda, all the parties were a great success!

SPECIAL POINTS OF INTEREST:

- *GAIN registration is now available.*
- *Get proactive with your kids.*
- *2009 VIN etching schedule.*
- *Property managers have free tools!*
- *Free shred events offered by the city.*
- *Glendale offers free mediation.*



Neighborhood Watch Captain Charyl DeAlva and her neighbors say cheese for the camera at their GAIN event on 75th Drive.

Captains Elda Daniels and Helen Davis represent their neighborhood in the Yucca District with Council member Joyce Clark and Commander DeSanti.

Party planner, June Schooley put together another great event for her Royal Shadows neighborhood. Officer Lynes had himself a good time too!

GET READY FOR GAIN 2009

Glendale's 2009 GAIN night will be **Saturday, October 3rd**. This is a great opportunity for residents to meet one another and build relationships with City officials, City staff and community leaders, while promoting public safety awareness and improving communications.

Glendale's goal for G.A.I.N. is to strengthen communities by encouraging neighbors to

meet each other. Your Community Action Teams join forces with other City departments as well as outside organizations to effectively provide you with the tools needed to host your event.

The Glendale Police Department is proud of our neighborhoods and strive to make them a safe place to live, work and play. Show your pride by being a coordinator for your



neighborhood's event. Register today at www.glendaleaz.com/police/GAIN.

Watch out for emails and announcements throughout the summer for all your GAIN information. Contact Chuck Eberspacher at (623) 930-2498 for questions.

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TEENS AND PRESCRIPTION DRUGS



1 in 5 Arizona teens are misusing prescription drugs to get high.

A just released survey by the Arizona Criminal Justice Commission shows that in Arizona **1 out of 3** high school 12th graders has abused a prescription pain reliever like Vicodin, OxyContin or Percocet without a doctor's prescription. What may be more shocking to parents is that **1 out of 6**, 8th graders has abused a prescription pain reliever.

Why are kids choosing these drugs? Research shows that kids are abusing medications to help them deal with

problems, manage their lives, enhance performance and to get high.

A resident here in Glendale recently lost her teenage son to a deadly combination of prescription drugs and alcohol. "My son went to sleep and never woke up. It seems teens have this misconception that abusing a prescription drug is safer than abusing an illegal drug and that's just not the case. Prescription drugs can kill."

The Partnership for a Drug-

Free America encourages parents to take three simple steps:

1. **Educate** yourself on the types of prescription drugs kids are using.
2. **Communicate** with your child about the dangers of abusing prescription medication.
3. **Safeguard** your medicine cabinet and ask your family and friends to do the same.

For more information visit PartnerUpAz.org.

"THE AVERAGE AGE FOR FIRST TIME DRUG USE IS 13 YEARS OLD."



Pay attention to moods, friends, financial status and grades. A change can indicate a problem.

BE AWARE, BE SMART, BE PROACTIVE

Arm yourself with knowledge. The National Institute on Drug Abuse provides a plethora of information on these and many other drugs. This is information that is vital to your family's health and well-being.

Prescription Pain Relievers

What are some of the names for Prescription Pain Relievers?

Codeine, OxyContin, Percocet and Vicodin

What do they look like?

Tablets and capsules.

How are they used?

Medically, they are prescribed as analgesics, to treat pain. When abused, they are swallowed or injected.

What are their short-term effects?

Relief from pain. In some people, prescription pain

relievers also cause euphoria or feelings of well being by affecting the brain regions that mediate pleasure. This is why they are abused. Other effects include drowsiness, constipation and slowed breathing. Taking a large single dose of prescription pain relievers can cause severe respiratory depression that can lead to death. Use of prescription pain relievers with other substances that depress the central nervous system, such as alcohol, antihistamines, barbiturates, benzodiazepines, or general anesthetics, increases the risk of life-threatening respiratory depression.

What are their long-term effects?

Taken exactly as prescribed, pain relievers can manage pain effectively. But chronic use or abuse of opioids can result in

physical dependence and addiction. Dependence means that the body adapts to the presence of the drug, and withdrawal symptoms occur if use is reduced or stopped. Symptoms of withdrawal include: restlessness, muscle and bone pain, insomnia, diarrhea, vomiting, and cold flashes with goose bumps ("cold turkey"). Tolerance to the drugs' effects also occurs with long-term use, so users must take higher doses to achieve the same or similar effects as experienced initially. Addiction is a chronic, relapsing disorder characterized by compulsive drug seeking and use.

For more information on these and other drugs, visit PartnerUpAz.org.

AUTO THEFT PREVENTION

The Arizona Automobile Theft Authority's (AATA) free Watch Your Car and VIN Etching Programs for Glendale residents continue to be two of the most popular tools utilized by law enforcement officers to identify stolen vehicles and to apprehend car thieves. Additionally, both offer a visible deterrent to thieves thus preventing your car from being the next one possibly stolen. Glendale's Community Action Teams are dedicated to educating you, your neighbors, your employees, friends and family providing these programs to you free of charge and at your convenience.

The Watch Your Car Program was developed by the AATA in March 1998, in a collaborative partnership with law enforcement agencies to deter vehicle theft. The Watch Your Car Program is a free, voluntary

program designed to deter vehicle theft, assist in the recovery of stolen vehicles, and apprehend auto thieves. By enrolling and signing the WYC Program application form, vehicle owners will receive by mail the WYC Program decals to be affixed on their vehicle's windows. These decals authorize police officers to stop the vehicle between the program hours of 1:00 AM and 5:00 AM when most vehicle thefts occur, or within one mile of the international border. Watch Your Car enrollment forms are obtained from your CAT, the Sheriff's Office, Motor Vehicle Division, or by contacting the AATA directly at (602) 364-2887. In addition you can apply on line at www.azwatchyourcar.com.

Etching your car's Vehicle Identification Number (VIN) is another partnership program provided by the AATA. Window etching

permanently marks your VIN (17 digits in most cases) into every window glass of your vehicle. The numbers are small with BIG effect. Etched VIN's make vehicle theft and parts fencing tougher and add to your vehicle an effective visual deterrent against auto theft. The Glendale Police Department's Community Action Teams will continue hosting and co-hosting free VIN etching events throughout 2009.

If you want to develop a VIN Etching and/or Watch Your Car Program event in your neighborhood or for your organization's employees, please feel free to contact your respective Crime Prevention Specialist at (623) 930-3380.



Small sticker with a BIG message!

"IN ARIZONA,
A VEHICLE
THEFT
HAPPENS
EVERY 11
MINUTES,
7 SECONDS."

2009 VIN ETCHING SCHEDULE

You will be asked to show proof of ownership, current registration and complete a consent form.

January 31; Glendale Adult Center (5970 W. Brown St.), 8:30 a.m. - 11:30 a.m.

February 8; Assembly of God Church (5402 W. Union Hills), 12 p.m. - 3 p.m.

February 21; Cabela's (9380 W. Glendale Ave.), 9 a.m. - Noon

This event only: NRA personnel will be on site for gun safety & education!

March 7; Glendale Adult Center, 8:30 a.m. - 11:30 a.m.

November 7; Glendale Adult Center, 8:30 - 11:30 a.m.

For more information, please call (623) 930-3328.



Funding provided by a grant through the AATA.

PROPERTY MANAGERS...THIS IS FOR YOU!

Crime Free Multi-Housing Program

The Glendale Police Department is committed to working with multi-housing and manufactured housing communities to help promote and maintain a crime-free community. One of our strongest tools is through the Crime Free Multi-Housing Program which was designed to educate rental communities on how to keep illegal activity off their property and improve their neighborhoods by reducing crime.

Crime Free consists of three phases. Phase one is the Crime Free Workshop and Training. This eight-hour course discusses applicant screening, Crime Free Lease Addendums, court and eviction procedures, and recognition of various types of illegal activity in the community. Phase one is for owners, managers, leasing agents, maintenance, and housekeeping staff.

Phase two of the program consists of a security evaluation of the rental community. Your CAT will conduct a CPTED (Crime Prevention Through Environmental Design) evaluation of the property. The assessment will examine the lights, locks, and landscaping of the property. Your CAT will make recommendations based on the findings.

Phase three is simply hosting a community event. You, as the property manager, invite your tenants to a community celebration to let them know that you are now a Crime Free Property. Your CAT will be there to help facilitate the event and speak to various crime trends, activity in the area, and discusses what to look for, etc. Your CAT will explain the Crime Free Program and our partnership in detail.

Property owners and staff are encouraged to get involved and get trained. When all three phases are complete and all requirements are met, your property is eligible to post signs indicating your Crime Free status.

Start now! Plan on attending one of the four workshops being offered in 2009.

- Wednesday, February 25
- Wednesday, May 20
- Wednesday, August 19
- Wednesday, November 4

All classes will be held at the Gateway Public Safety Classroom at 6261 North 83rd Avenue. All attendees must register. The classes are FREE and fill up quickly! Call and make your reservation today! Contact the Crime Free Coordinator, Kelly Brauer at (623) 930-4037 or via email at kbrauer@glendaleaz.com. Registration forms can be found at www.glendaleaz.com/police.

This program calls on managers to make steps toward providing a clean and safe environment for citizens of Glendale. Take your first step and call today!

Managers Against Crime (MAC)

Managers have yet another opportunity to be an active part in the community. To do so, attend a monthly Manager's Against Crime meeting. The goal of the MAC Program is to not only provide effective tools that managers can bring back to staff, but facilitate communication between neighboring and citywide communities. MAC successfully creates a forum for the Glendale Police Department and multi-housing communities to work together in partnership to address neighborhood issues.

These meetings provide ongoing training and valuable information to aid in everyone's crime prevention efforts. Meetings are hosted in various communities throughout the city, the second Tuesday of each month beginning at 12 p.m. Topics of discussion could include auto theft prevention, landlord/tenant law, trespassing, gangs, code compliance and domestic violence.

Contact CPS Andrew Stuart for more information at (623) 930-2544.



Send a clear message to your honest *and* dishonest residents.

“THE MOST EFFECTIVE WAY TO DEAL WITH ANY ILLEGAL ACTIVITY ON RENTAL PROPERTY IS THROUGH A COORDINATED EFFORT.”

IDENTITY THEFT—DO'S & DON'TS

DON'T leave mail in your mailbox.

DO check your credit reports regularly; order a free credit report at annualcreditreport.com.

DON'T throw personal information in the trash.

DO use a cross-cut shredder to shred documents and mail.

DON'T leave personal information sitting around in your car or home.

DO be very careful about giving out personal information via phone, mail, or Internet—make sure you know who you are dealing with!

DON'T carry unnecessary identification or credit or debit cards.

DO pay attention to the bills, account statements, and credit card offers that you've received.

DON'T give out your social security number to everyone that asks.

DO ask places that ask for personal information about their security procedures and what they will do with your information when they are finished. State law prohibits wrongful disposal of personal information.



Don't leave a shred of evidence for ID thieves!

CITY OFFERS FREE SHREDDING EVENTS

Now is the perfect time to start going through your old unwanted paperwork! Bring everything from old bills, medical records, bank statements, and other documents containing personal identifying information. Take this opportunity to clean out the closets and prevent someone from stealing your identity. The Glendale Police Department is providing residents with an opportunity to combat identity theft, the fastest growing crime in the United States. Bring up to **three** boxes of personal paperwork to have shredded on site.

Saturday, February 21, 9 a.m.— Noon, Cabela's (9380 W. Glendale Ave.)

Saturday, April 18, 9 a.m.— Noon, Target (10404 N. 43rd Ave.)

For more information, contact Carol Bolick at (623) 930-2571.

"SHRED IT & FORGET IT!"

WHAT NOW?

Ok, so you did as we encourage you to do. You've shredded your personal documents at home, using your personal shredder. Good job. You've taken one of many great steps to reducing your risk of becoming a victim of Identity Theft.

So what now? Do you dump the bin in your Glendale

recycling can? We ask that you **DO NOT** do so. Please discard your shredded material in your regular trash bin.

Here's why:

Shredded paper can contain other materials such as plastic, photographs, thermal fax and carbon paper. All of which are considered serious

contaminants in paper recycling and are not acceptable in Glendale's recycling program.

For more information on recycling, please contact the city's Recycling Coordinator at (623) 930-2709 or visit the website at www.glendaleaz.com.



VERY IMPORTANT PEOPLE

VIP stands for more than just Very Important People, they are also known as Volunteers In Police Service (VIPS). It is a group of dedicated individuals that have not only graduated from the Citizen's Police Academy, but have made a strong commitment to volunteer with the Glendale Police Department.

These are folks that went through an extensive background check and more than 20 hours of training. In addition, they've had to pass to online FEMA courses and must be able to do some

major physical activity. They are instrumental assistants with the Advanced Officer Training program on a monthly basis and the Holiday Mall Program which is in it's second year. Basically they serve as the "eyes and ears" at the mall during a busy holiday shopping season. Their continued assistance and diligence multiply our force and resources. We would like to recognize the following "very important people" and extend our sincerest appreciation for their commitment to our city.

*Jerry Berntsen
Susan Berntsen
Sandra Boaz
Nikki Colletti
Joel Davis
Gloria Gray
Frank Jones
Kelley Lara
Christine Rodriguez
Victoria Rogen
Becky Shady
Bud Stevens
Pat Stoner
Ed Cooney*

“THOSE WHO CAN, DO. THOSE WHO CAN DO MORE, VOLUNTEER.”

MORE THAN JUST A COMMITTEE

They share opinions. They offer ideas. They get involved. They are committed to helping. They are the Police Advisory Committee.

Once a month these dedicated folks meet with the Bureau Commanders. Together they communicate on various issues, assist in the development of strategies, and have come to be a partner with the Department. Representing all the Council districts, many neighborhoods old and new, business owners and residents from all demographics, they serve as a liaison—a voice.

It is with great pleasure we announce who they are and give thanks to their continued support for our community.

*Mark Kmiecik Vickie Loya
June Schooley Victoria Rogen
Georgia Rockey Fred Rockey
JoAnn Caufield Shani Solberg
Sharon Wixon Ken Wixon
Mary Ann LaVine Sharon Sprague
Craig Archibald Allan DeFranco
Bonnie Steiger Robert Steiger*

If you are interested in becoming a part of such an elite and essential group, contact Carol Bolick at (623) 930-2571. (Potential committee members will be screened and accepted based on sector availability.)

GLENDALE LOOKING FOR HELPING HANDS

Most of us know someone that has been a victim of a crime. A neighbor, a relative, a friend and sometimes even ourselves. It's unfortunate, but crimes take place everyday. Whether it is an assault, a burglary or even a homicide; victims of these crimes often need immediate assistance to deal with what has happened.

For over 33 years, the Victim Assistance Unit of the Glendale Police Department has been there to help. A large part of our assistance comes from interested volunteers that want to give back to their communities and lend a helping hand. There are a number of ways for volunteers to get involved and provide assistance to crime victims.

If you are the type of person that likes to get up and go, then Victim Assistance (VA) Patrol is for you! The VA Patrol is made up of teams

that assist police when responding to a crime scene, particularly when a victim may be in need of services.

VA Patrol teams cover the evening hours on weekends. If the Court system intrigues you, then sign up for a weekend Court shift and help relay victim's input for pending Court proceedings. Or if you just want to help out in any way needed, then sign up for one of our special projects or assist with routine office duties. We're sure that there is something that will suit your interest!

Volunteers are expected to provide a minimum of four hours of service per month and of course more hours are greatly appreciated! Upon acceptance into the Volunteer Program, volunteers attend and in-depth training, so don't worry, we don't just throw you out there! For more information about the application and screening

process, please contact Sandra Muñoz, Victim Assistance Volunteer Coordinator, by e-mail at smunoz@glendaleaz.com or by phone (623) 930-3723. Here is your chance to help someone in need; we would love to have you on the City of Glendale team!

To learn more about Glendale's Victim Assistance Services and the West Valley Advocacy Center, visit the website at www.glendaleaz.com/police.

NATIONAL CRIME
VICTIMS' RIGHTS WEEK
25 YEARS OF
REBUILDING LIVES:
CELEBRATING THE
VICTIMS OF CRIME ACT
APRIL 26—MAY 2, 2009



There are always victims in need.
Can you spare some time?

TALKING IT OUT IS A GREAT FIRST STEP

Glendale's Community Mediation Program is a volunteer-based program designed to promote peaceful and effective conflict resolution.

It is provided at no cost to Glendale residents and business owners by volunteers who have been trained as mediation specialists.

As opposed to destructive

confrontations or prolonged litigation, mediation helps individuals to resolve issues in a constructive manner, promoting strong relationships and building positive connections between individuals in the community.

Benefits to Mediation

Mediators are neutral and do not take sides. Each individual is able to fully express their

feelings and concerns in a non-threatening environment. All sessions are confidential. Each person voluntarily works to find a solution. You can save time and money by avoiding the legal system.

For more information, contact the Mediation Coordinator at (623) 930-4410 or email: mediation@glendaleaz.com.

DISPUTES CAN BE
RESOLVED
BEFORE THEY
ESCALATE INTO
VIOLENCE,
COMMUNITY
DISHARMONY OR
LEGAL ACTION.



**CITY OF GLENDALE
POLICE DEPARTMENT**

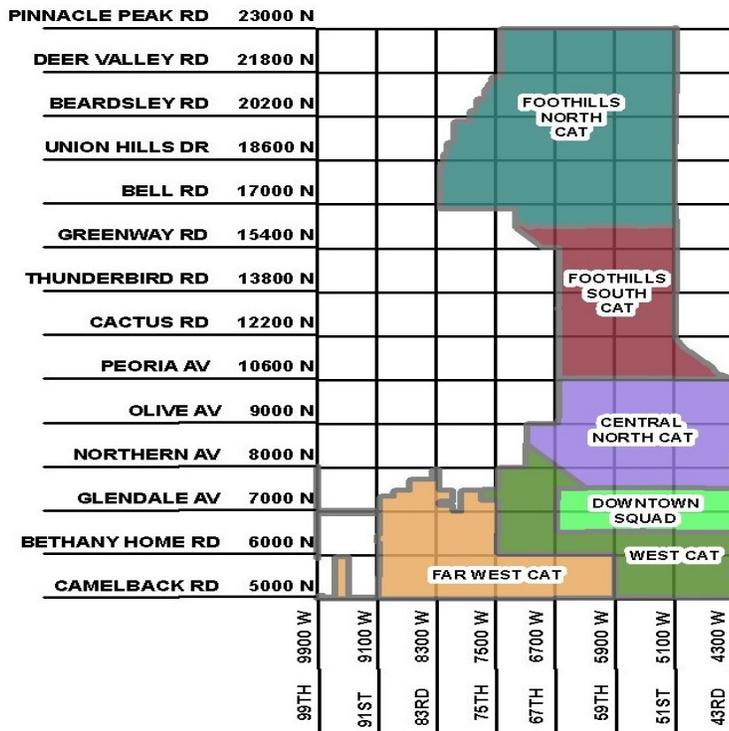
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**WISHING YOU A SAFE,
HEALTHY & PROSPEROUS
2009**

“PROTECT THE LIVES AND PROPERTY
OF THE PEOPLE WE SERVE.”

YOUR COMMUNITY ACTION TEAMS (CAT)



FOOTHILLS NORTH CAT

C.P.S. Chuck Eberspacher (623) 930-2498
Officer Andy Lynes (623) 930-2554

FOOTHILLS SOUTH CAT

C.P.S. Andrew Stuart (623) 930-2544
Officer Andy Lynes (623) 930-2554

CENTRAL NORTH CAT

C.P.S. Carol Bolick (623) 930-2571
Officer Andy Lynes (623) 930-2554

WEST CAT

C.P.S. Kelly Brauer (623) 930-4037
Officer Chi Guillermo (623) 930-4029

FAR WEST CAT

C.P.S. Angela Downey (623) 930-4030
Officer Chi Guillermo (623) 930-4029

DOWNTOWN SQUAD

C.P.S. Doreen Anderson (623) 930-3328
Officer Chi Guillermo (623) 930-4029

WEED & SEED COORDINATOR

C.P.S. Michele Morris (623) 930-3095